



*Dominus Mea Illuminatio*

# THEOPHILUS CAMPUS PULSE

NEWS LETTER OF MAR THEOPHILUS TRAINING COLLEGE

MAR IVANIOS VIDYA NAGAR, NALANCHIRA, THIRUVANANTHAPURAM - 695 015, KERALA

www.mttc.ac.in

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CAMPUS NEWS

## Striking Happenings

### COLLEGE INITIATES CELEBRATING RANDOM ACTS OF KINDNESS DAY



Ekayana, the 64<sup>th</sup> college union celebrated Random Acts of Kindness Day on 17<sup>th</sup> February. Dr. Shashi Tharoor the honourable MP, addressed the Mar Theophilus Training College on "The Challenges and Potential of Higher Education", and launched the Campaign. The union celebrated the National Random Acts of Kindness Day by unveiling a calendar that suggests a different act of kindness for each day of the month. Dr. Tharoor, Indian International Diplomat gave away the gifts for the winners of the lucky dip coupon sold for supporting the union activities of Ekayana.

<https://youtu.be/1SsUR2Pt-Xo>



## SPARKZ-19 EXPOSITION OF TALENTS

The 63<sup>rd</sup> College union (Advaya) organised the Interecollegiate Competition Sparkz-19 and the chief guest for inauguration of the programme was Dr. Kuruvilla Joseph, Dean, Dept. of Chemistry, IIST, Trivandrum on 16<sup>th</sup> December. The details of the event are given in inner page.



<https://www.facebook.com/100002033868020/videos/2606693737741730/>

## Greetings to

His Eminence Basilio Cardinal Cleemis  
Our Patron

For his splendid service as our patriarch to all multifaceted scenarios for the last two decades. The Mar Theophilus Family visited and conveyed our reverence to the Patron at Major Arch Bishop's House, Patron.



**Dr. K. Y. Benedict**  
Principal

*From the Principal's Desk*

### COVID-19: NOT TO FEAR BUT TO FIGHT

Pandemics are not new to mankind. For the current generation the covid-19 outbreak created a situation, where social life came to an almost standstill due to the lockdown imposed to contain the spread. Schools, Colleges, Public offices, Public Transport Mechanisms, International travel, Places of worship and Events and Avenues of social gathering and networking were suspended for weeks. We proclaimed slogans of "break the chain" and "social distancing" as the Cardinal principles of action. It is to be recalled that the lockdown has brought down the acceleration of mass spread. Now we can have calculated and self-learned tactics to manage the crisis. Even if infections on a large scale may occur at certain inevitable centres, the fatality and the destruction would not be so harmful, as perceived and forecasted.

In educational practices covid-19 became a blessing in disguise. The well-known edutech devices and application became the panacea to the stand still and invisibly small "edpreneur, from India managed global usership during these tough times. All of a sudden, like a magic illusion, all stakeholders of education- administrators, policy makers, teachers, pupils and parents become Tech-savvy and online practitioners. Now the future course of academic interaction is expected to be a blended practice of e-learning and direct instruction. Our college also ascended to this mode of interaction with timely activation of a G-Suite subscription and other 'reach out' tools.

Let us protect ourselves from this fatal virus with proper precautions. Let us through our wise actions pronounce that it is not a time to fear and hide away but to boldly fight. Let us do our part to eradicate the pandemic. This time will also pass!

I would like to pay tribute to Dr. John Elanjimannil who was an Excellent Teacher, passed away on 3<sup>rd</sup> February 2020. May his soul rest in peace.

Tribute to Dr. John Elanjimunnil

**A TEACHER PAR EXCELLENCE**

**Mr. Jose Cyrilac**  
Retired Professor, St. Joseph's H.S., Trivandrum



My association with John sir came to an end on 02.12.2020 at 10:30 pm. I promised him that I would return the next day. Return I did but by then he had gone to his heavenly abode at 5.30 a.m.

His fine sense of justice and the principled stand he always took made him different in his entire career. He was always under challenges. He was really the best teacher a teacher par excellence. A teacher more committed in his duty towards his students I have not come across. His classes were an intellectual treat. They were lessons not just for exams but for life. His jokes, stories, anecdotes and examples from everyday life are green in the memories of his students. Even though he was the most qualified person at a point in the history of Mar Theophilus Training College to be its head he never aspired for the administrative post as it was not his cup of tea.

He was not only a teacher but also a mentor and guru for his students. In fact, I know a former student of his who says he was for her the real 'guru' and God spoke to her through him whenever she needed guidance. As one who was fortunate to stay with him at his house for three years, I saw many of the former students coming to visit him and for them it seemed to be a pilgrimage.

Fourteen years of seminary training had left an indelible mark on his personality. The vow of poverty which he took when he was a member of S.V.D. congregation he kept till the very end of his life. He used to help many financially but was very reluctant to spend money on himself.

He was an ideal student. He bagged first rank for B.Ed. from the University of Kerala and first rank for M.Ed. from Pune University. His Ph.D. thesis "Explanation of Explanations" was sent abroad for valuation and one examiner and special member of the highest standard of the language besides the exceptional quality of the content. The thesis is the best proof of his analytical mind.

The word procrastination was not in his dictionary. I always felt that he never experienced any tension in any examination hall. For every exam he was ready at least two days before the actual commencement. It was not only with the examination but with every assignment he ever took up, be it small or great. Once he agreed to do something, he would start working on it straight away and he would rest only once it was finished.

He has written many sweet and sweet books in Malayalam. "Hrasva melodies are sweet but..." well in this case the unpublished ones are better than the published ones. "Mannamathalam" was published by him two years before his death. As per the original plan only 100 copies were to be printed and they were to be given to his dear and near ones as his parting gift. I persuaded him to increase the number to 200 and then to 250. Almost all the copies have been distributed. Many have spoken very highly of the book.

He has prepared a treatise on "Concentration". I wish and pray that it will see the daylight at the earliest since it would surely help many in their life. He had clear perception of his approaching death and he made it clear to those who were looking him. He died but he lives in the hearts of his students.

**ANNUAL SPORTS MEET**



The college organised the annual sports meet with March-Past, Games and Athletics. Mr. Siva Prasad, Captain, Kerala Hand Ball Team was the guest on the occasion. The 63<sup>rd</sup> college union Advaya conducted "Olympia 2k19" with Inter House Field & Track Events with 11 items from 16<sup>th</sup> November.



*Editorial*

**EDUCATION IN POST-COVID ERA**

Dr. Neena Thomas



We're committed to investing in young health leaders, who will build the healthier, safer, fairer world we all want for our children and grandchildren.

Dr. Tedros Adhanom Ghebreyesus  
(WHO, Director-General)

The COVID-19 pandemic has posed many challenges for school education globally, and India has no exception. As India is a multi-layered society demands a strong Public Education System incorporating a holistic vision to achieve Universalisation of Education while also establishing a discrimination. Regular Schools are more than learning centres for poor children. They provide social protection, nutrition, health and emotional support to the most disadvantaged and this applies in all states, from low- to high-income. So the question whether these roles can be done by the substitute -digital and online education exploded in this scenario. In the midst of loss of job, challenging financial status, intense emotional stress, and unwise upcoming situations compelling for a technology-driven education will exclude many children in this country from continuing school education. In a multilingual country like India one channel or one digital framework needs to be reconceptualised to ensure equity and quality in education.

This issue is released at the time of Covid 19 pandemic which made a vast change in the field of Education, Health, Tourism and Sports in all over the world. This virus created changes which cannot be predicted even now. But still each individual in the society live with hope and dreams. We are sure that all the readers will find it interesting and enjoyable reading our campus events. We seek your constructive feedback to enable us to improve further. We are bestowing this issue of Newsletter for showing our respect to our Health Leaders and all other demanding services.

Paying tribute to our Former Professor Dr. John Elanjimunnil who had entered to heavenly abode.

**ARTS FESTIVAL**

The college Arts festival "Veyilpookkal" is conducted on 18<sup>th</sup> and 19<sup>th</sup> December. In order to ensure the maximum participation from every student and to inculcate in them a spirit of competition, all the students are grouped into four houses with name of mountains. The competitions are conducted house wise. The union conducted literary fest with 14 events and Arts fest with 21 events. The Fest was inaugurated by Sri. Innocent, the Malayalam Cine Artist. The trophies were won by these ones.

- Overall Winning Team- Nilgiri
  - First Runner Up-Sarpura
  - Second Runner Up-Aravalli
  - Third Runner Up-Vindhya
  - Sports Champion (Men)-Muneesh Kumar M.A.
  - Sports Champion (Women)-Annu S.S.
  - Sargprathibha- Roji Rajan
  - Kalaprathibha-Rahul Raj
  - Kalathilakam- Sheryl Varghese and Deepika D.V.
- The programs ended very actively and enthusiastically.



**NATIONAL SCIENCE DAY CELEBRATIONS**



The "National Science Day Celebration-2020" was conducted successfully on 28<sup>th</sup> Feb, 2020 by Essay Competition by Natural Science Association and Poster Designing and Crossword Puzzle by Physical Science Association. The events were organized successfully. The events also inspired the students to be united in the time of crisis by Dance drama by Ekayana with Dispiration team.



**OATH TAKING OF 64<sup>TH</sup> COLLEGE UNION**

Mar Theophilus Training College organized Oath Taking Ceremony for newly nominated Student Union Council Members on 25<sup>th</sup> October 2019 at College Parlor. On this occasion Dr. K.Y.Benedict, Principal chaired the ceremony. The program was started with the college prayer. Former Union In charge Mrs. Shiney Jacob said in her welcoming speech that all the office bearers should work for the betterment of the students as well in unity. Principal Dr. K. Y. Benedict congratulated the new office bearers and cited the role and responsibilities of the union the smart functioning of the college. All the Union Members lead by Ms. Roslani S Raj (Chairperson) and Secretary Abhirami R.S. (Secretary) spoke on the occasion. The program was steered by Dr. Neena Thomas, Union In-charge Ex-officio.



On 16<sup>th</sup> December, the 63<sup>rd</sup> College union (Advaya) organised the Intercollegiate Competition Sparks-19 and the chief guest for inauguration of the programme was Dr. Kuravilla Joseph, Dean, Dept. of Chemistry, IIST, Trivandrum. The winners for each event are enclosed here:

**CHRISTMAS FESTIVITIES**



On December 5<sup>th</sup>, as an advanced preparation of Christmas, creative club conducted a wreath making programme through which they had made some ornamentation things for Christmas. On 20<sup>th</sup> December, Christmas was celebrated in the campus by Ekayana with Crib, Colossal Star, Carol song, Christmas message by Rev. Fr. Viney Varghese (Vice Principal, Mar Theophilus College) and Mega Gift Exchange. Rev.Fr. Thomas Kayyalaackal cut the Christmas cake.

SL.NO.	EVENTS	INSTITUTION
1	Best Prospective Teacher	Blesson Babu, St. Joseph Training College, Mannanur
2	Best Art Teacher	Jeenu Karthikeyan, Christ Nagar College of Education, Thiruvallam
3	Best Science Teacher	Resma Bubu, SN Training College, Nedugantha
4	Mar Theophilus Intercollegiate Quiz Competition	Abin Govind O.T., Surex Suresh, PTM College, Maruthoorakonam, Balaramapuram.
5	Intercollegiate Shuttle Badminton Tournament(Men)	Alvin James and Sinto P.P, St. Joseph's Training College, Mannanur
	Intercollegiate Shuttle Badminton Tournament (Women)	Diju David and Aswathilekha C.S, GCTE, Thycrud
6	Theo Dancer	Pervuthy Devi U., Mar Theophilus Training College, Nalanchira
7	Mebendi Designer	Fuslana E.K., Mar Theophilus Training College, Nalanchira
8	Theosa Silver Jubilee Trophy	Mount Carmel College of Teacher Education, Koturayam
9	Best Performing College	Mar Theophilus Training College, Nalanchira

**AWARENESS ON SNAKE BITE PRECAUTIONS**



On December 6<sup>th</sup>, the Natural Science Association conducted an awareness and exhibition class on snake bite by Vava Suresh in the college auditorium. A discussion on immediate precautions and care that a person should receive after a snake bite is also discussed.



**REPUBLIC DAY CELEBRATIONS**

On 24<sup>th</sup> January, the College Union Ekayana celebrated the Republic Day with a Session on Preamble of Indian Constitution, Patriotic Songs, Tableau, Quiz on Fundamentals and Advanced Version. On the auspicious morning at 8.30 am of 26<sup>th</sup> January, National Flag was hoisted in the college. Union members and representatives from various departments participated and revealed their respect to the nation. All the participants dispersed having sweets in mouth and fluttering tricolour in their mind.

<https://www.facebook.com/100009496338294/docs/327049832591746>



### SELF DEFENSE PROGRAMME



The scope of self-defence in a person's life is unpredictable. Now it becomes a basic skill everyone has to acquire clearly in a productive way. In order to empower women and enable them to defend against any type of assault and to build self-confidence, Self Defence Program "Raksha" was organised by Women's Club on 7<sup>th</sup> February. The class was taken by resource persons from Kerala Police Wing.

### AWARENESS ON MENTAL HEALTH



Mental Health is the fundamental component of health especially for teachers. The teacher has to recognize mental support requirement of a student and the awareness to handle it becomes a necessity of time. The psychology club of the college organised a session on "Awareness of Mental Health" by St. Julie George SH, Clinical Psychologist, St. John's Mahankara Medical Village, Puthappincode, on 13<sup>th</sup> February. It helped the students to realize the ways in which mental dissatisfaction touches their own life. They learned about the available services and discover ways to advocate for increased support.

### SOCIAL VISIT



It is crucial for our students to learn a social curriculum. Social curriculum is a means to teach students how to interact and empathize with one another. It is how to ensure students feel good about themselves and their relationships. When students learn a social curriculum, they are socially aware and emotionally intelligent. They understand their emotions as well as the emotions of others. For that, a school visit was arranged to Shalom Special School, Vattappari was conducted in the leadership of Dr.K.Y.Benedict, Dr. GihyGeovarghese and Dr.Joju John on 1<sup>st</sup> November 2019.

It is a centre of excellence by developing conducive environment for children with special needs. The institution ensures the holistic development so as to enable children to be part of the society and development of self-advocacy.

### ENVIRONMENTAL AWARENESS COURSE

Eco club organised an Environmental Awareness Course on 10<sup>th</sup> July for graduate and post graduate students. The course was handled by Mr. Balachandran, Section Forest Officer, Vazhithalam, Thiruvananthapuram.



### AESTHETIC VISIT



As part of the viced Art and Aesthetic visit in B.Ed. Curriculura, the first semester students went to Kuthiramallika, East Fort, Thiruvananthapuram on 19<sup>th</sup> November. Kuthiramallika Palace built in 1840s by Mubareja Swathi Thirunal which is adorned by 122 horses in various pillars of the majestic style. Dr. Maya S and Dr. Ancy A.S. accompanied us faculty members.

### ORU NIMISHAM

On 2<sup>nd</sup> December, Malayalam Association conducted a performance event "Oru Nimisham" for all B.Ed. students in college which include Tongue Twister, Proverbs, Puzzles and similar items. Physical Science Association secured the trophy *Keralateeyam* for the first time.



### EKAYANA SEMI ANNUAL REVIEW



On October 18th 2019, the 64<sup>th</sup> Union Ekayana (jornal onnikkku) of Mar Theophilus College started its functioning by conducting the M.Ed curriculum related Twinning program. The main participants of the program was the students of CSI Higher Secondary School for the Partially Hearing, Manakkala Adoor. Both school and college students organized cultural events for the program.

Drishyam, a Short Film Festival for school students was conducted on 29th November 2019. The guests for the function included Sri. Vava Kottarakkara, Sri. Vijaya Kumar and Sri. Arun. The film festival was conducted in two categories. The first place was won by the students of St. Mary's School Palam. They were awarded with the Thampy Harris Memorial Trophy.

'Fest: Bon Appetit -2019'- the Food Festival was conducted on 13<sup>th</sup> December 2019 with six food stalls and variety of dishes. Mar Ivanics Vidyanagar made the event a grand success.

On 16<sup>th</sup> January 2020, the union was officially inaugurated by Adv. V.K. Prasanth, Adv. Babujan Syndicate Member delivered the Keynote Address and Mr. Madan Mohan, Cine Artist inaugurated the Arts club followed by the outstanding cultural events.

The union conducted a Lucky Draw 2020 for gaining financial support for Union Activities. The program was conducted with active participation of the public. Along with the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prizes, five consolation prizes were also given. The most striking event conducted by the union was the Random Act of Kindness Observance. The Chief Guest for the function was Dr. Shashi Theroor, Indian International Diplomat. The Chief guest gave away the Gifts sponsored for the Lucky Draw Challenge. Ekayana is continuing the journey in an impressive mode...



**Abhirami R S**  
Union General Secretary

**CLUB REPRESENTATIVES**

- 1. Reading and Oratory Club**  
President - Parvathi Devi. U.  
Secretary - Anuja
- 2. Planning Forum**  
President - Jayalekshmi J  
Secretary - Merlin Abraham
- 3. Health Club**  
President - Anju Lakshmi S.  
Secretary - Arya Krishnan S.
- 4. Women's Cell**  
President - Parvathy V M  
Secretary - Veema S. Pal
- 5. Population Education Club**  
President - Anupriya. J  
Secretary - Lakshmi S Nair
- 6. Eco Club**  
President - Gopika Krishnan  
Secretary - Megha Santhosh
- 7. Creative Club**  
President - Karthika Mohan A.  
Secretary - Ashita Raj
- 8. ICT Club**  
President - Merena M, Pd.  
Secretary - Aswathysai
- 9. Media Club**  
President - Riya Johnson  
Secretary - Sheryl Varghese
- 10. Psychology Club**  
President - Aparna A. S  
Secretary - Parvathy V. M
- 11. Popular Science Centre**  
Student Coordinator - Aswathy M. S.

**ROLES AND RESPONSIBILITIES FOR FACULTY MEMBERS INCORPORATED IN THE ACADEMIC YEAR 2019-2020**

1	Dr. K. Y. Benedict	<ul style="list-style-type: none"> <li>Member, National Consultative Committee for finalizing the Teacher Education Manual of Accreditation by NAAC, Bangalore.</li> <li>Executive Organizer of all activities related to College.</li> <li>Coordinator of International/National Seminar</li> </ul>
2	Dr. V. Reghu	<ul style="list-style-type: none"> <li>Coordinator of Health Club, Aerobics, Yoga</li> </ul>
3	Dr. T. P. Jose	<ul style="list-style-type: none"> <li>Coordinator of Women's Cell</li> <li>Coordinator of Annual Tour</li> </ul>
4	Dr. Gby Gopavarghese	<ul style="list-style-type: none"> <li>Chair of Research Centre</li> <li>Staff Editor of College Magazine</li> <li>Coordinator of Communicative English Club and Social Visit.</li> <li>In-charge of Educational Media Production Wing.</li> <li>Serving as the Resource Person for National and International venues</li> <li>Trained WMS Members of the Colleges of Kerala</li> </ul>
5	Dr. Jiju John	<ul style="list-style-type: none"> <li>Chief Editor of Teacher, Learner and Society</li> <li>In-charge of Action Plan</li> <li>Coordinator of THEOSA and Eco Club</li> <li>Project Coordinator of RUSA.</li> </ul>
6	Dr. Binu B	<ul style="list-style-type: none"> <li>Coordinator of IGSC activities and Placement, Cell.</li> <li>In-charge of website updating and LMS</li> <li>Coordinator of ICT Club</li> <li>Coordinator of RUSA Scheme</li> </ul>
7	Dr. Laj Varghese	<ul style="list-style-type: none"> <li>Coordinator of UGC/NCTE/IGAC activities</li> <li>Coordinator in Aesthetic Visit.</li> <li>National Award on emerging teacher educator 2018</li> <li>Coordinator of Planning Forum</li> <li>Awarded 4 Ph.D. theses under guidance.</li> </ul>
8	Dr. Maya S	<ul style="list-style-type: none"> <li>Coordinator of Visual Documentation</li> <li>Coordinator of University exams and Creative Club</li> <li>Conducted essay mats and organization workshops (2 Days)</li> <li>Completed Ph.D in Education</li> </ul>
8	Dr. Deepthi Elizabeth Mathew	<ul style="list-style-type: none"> <li>Coordinator of Documentation, Events related activities and Practice Teaching</li> <li>In-charge of College Calendar</li> <li>Coordinator of AICUF</li> <li>Staff Adviser (2018-20) batch</li> <li>In-charge of Women's Diary</li> <li>Coordinator of Population Education Club</li> <li>Staff Adviser (2019-2021 batch)</li> <li>Editor of Newsletter</li> <li>In-charge of Logbook and Official College Blog.</li> <li>Project Coordinator of RUSA.</li> <li>In-charge of Popular Science Centre</li> <li>Coordinator of Psychology Club</li> <li>Coordinator of Media Club</li> <li>Coordinator of club activities</li> </ul>
10	Dr. Anny A.S.	
11	Mrs. Shiny Jacob	
12	Dr. Neena Thomas	
13	Dr. Saini S	
14	Mr. Nadarajah J. P.	



**COLLEGE UNION 2019-2020**

As per the University order received, the college conducted election of the college union 2019-20 on September 27. Members to the union were elected harmoniously

POST	NAME
PATRON	Dr. K.Y. Benedict (Principal)
STAFF ADVISOR	Dr. Neena Thomas (Faculty)
THE CHAIRPERSON	Ms. Rosini S. Raj
THE VICE-CHAIRMAN	Ms. Riya Johnson
THE GENERAL SECRETARY	Ms. Ansham R.S.
COUNCILLOR TO THE UNIVERSITY UNION	Ms. Arya Krishnan. U
EDITOR OF THE COLLEGE MAGAZINE	Ms. Lakshmi B.S.
ARTS CLUB SECRETARY	Ms. Ansham A.S.
SECRETARY TO SPORTS	Ms. Anju Maryam Sam
MR. AVALDHANARA S.B.	
LADY REPRESENTATIVES	Ms. Aruna Kamal K.K. Ms. Jayalekshmi J.

**CLASS REPRESENTATIVES**

English	Mr. Alan Ycharnan
Malayalam	Ms. Aruna Kamal K.K.
Mathematics	Ms. Aruna T. Raveendran
Physical Science	Ms. Feleena E.K.
Nature Science	Ms. Aswathy M.S.
Social Science	Mr. Aavaldhanara S.B.
M.Ec. 1st Year	Ms. Sepna S
M.Ec. 11th Year	Ms. Tnu Eela Abraham
Research Scholars	Ms. Soumya D.E.

**SUB-EDITORS TO MAGAZINE**

English	Ms. Ashita Raj
Mathematics	Ms. Rhea Joy
Physical Science	Mr. Manish R. Parickar
Nature Science	Ms. Sheryl Varghese
Social Science	Ms. Gayathri A. S.
M.Ec. 1st Year	Ms. Sepna S
Research Scholars	Ms. Soumya D.E.

**THEOSA FEST**

Theosa, the alumni group of Mar Theophilus had its fest on 11<sup>th</sup> January. This year Theosa fest 2020 was a Special Remembrance to Dr. T.P. Jose, Associate Professor of Mar Theophilus who was transpired. So, from this year two New Ever Rolling Trophies in memory of Dr. T. P. Jose sir for the Men and Women Sports champions of each year was bestowed by Theosa members. As usual for all Theophilites, who had cleared NET, SET, KTET, CLET etc including PhD in the academic year 2018-19 were appreciated in the occasion. In this time the UAE chapter conducted Theosa Fest on 10<sup>th</sup> January at Mr. Biju Parappurathu House in Dubai.

<https://www.facebook.com/100000949633809/videos/3313213085386880/>



**WELCOME TO THEOPHILUS TEAM**



**Dr. ARCHANA S.S**  
Education: M.Sc, M.Ed, Ph.D UGC/NET, SET, GTE, KTE  
Exposure:
 

- State Council of Educational Research and Training (SCERT) TVPM
- Kariyada College of Teacher Education, Praparguzha TVPM
- Kendrya Vidyalaya Thiruvananthapuram
- Government High Secondary School, Kazanilam, Thiruvananthapuram

**MR. RAKESH SHARMA R**  
Education: M.Sc. (St. Ramaswamikal Medical College, Chennai) MPH (Madras University) MEd. (Mar Theophilus Training College)  
Exposure:
 

- Supervisor Quality Assurance in Vockarath Pharmaceutical, Aurangabad
- Research Assistant in IGBT Based Project in Pharmaceutical Department, Madras University Campus, Chennai.
- Assistant Research Fellow in Sri Chitra Institute of Medical Science

**OPTIONAL FIELDTRIP**

As the first semester curriculum confirms the Outdoor Education to B.Ed. Trainers, each Optional student is prescribed to visit unique site fit to their own discipline. Each Optional visited selected locations as a group in the leadership of their optional teachers. Each visit ensured first-hand experience to the students. The different spots in Thiruvananthapuram visited are specified.



English-Jewahar Barabharan Thiruvananthapuram



Malayalam-Sree Chitra Art Gallery Thiruvananthapuram



Nationalites-Prayagaram Thiruvananthapuram



Physical Science-Hockey Museum Malakkalva Thiruvananthapuram



Nat. Science-Zoological Garden Thiruvananthapuram



Social Science-Nepier Museum Thiruvananthapuram

**THEATRE WORKSHOP**



As part of B.Ed. Curriculum, the students were given exciting opportunity to explore and integrate their performance skills. A theatre workshop was organised with Hashim Amaravila, famous Carator for practical shaping and performing their talent to an audience. It helped the student teachers to hone their acting skill staffed in them.

**WORKSHOP ON ANNULAR SOLAR ECLIPSE**

On December 12<sup>th</sup>, the Physical Science Association conducted workshop for students in various schools in Trivandrum on Annular Solar Ecllipse. Based on the orientation given by Dr. P. Rajeevan, Associate Professor, IIST, Thiruvananthapuram. The Student Teachers in the leadership of Sophymol took a class for the students of Mar Therphilus Training College, and all students in their own localities.



**TALENT OF THE YEAR-2020**

On 27<sup>th</sup> February, the Talent of the year contest was organised by Media Club. The title was won by Abhirami R.S

**ABROAD VISIT BY FACULTY MEMBERS OF MTTC**



Association of International Researchers of Indian Origin (AIRIO) organized an Academic tour to Bungkok University which started at 23<sup>rd</sup> May and came back on 28<sup>th</sup> May. From the college Dr. V. Reghu, Dr. Giby Geevarghese and Ms. Shiney Jacob participated in the pursuit. After enjoying the Sights, Sounds, and Visual Treats of Pattaya they Visited Assumption University at Bungkok, Suvanna Bhum Campus. It is a University with four campuses in different locations which have been active in education in Thailand since 1901. "We visited the Institutions and research centers there. The Dean of the Education Prof. Dr. Chamikorn J Nulookorn presented a brief description of the Academic Programs, Accreditation process, and the courses offered from the University. AIRIO Global President H. L. Most Rev. Dr. Joseph Mar Thomas gave introductory talk about the Organization and the Vision and Mission of AIRIO. In the inaugural meeting, AIRIO honored the President, Vice President and Dean of the University. The Paper Presentation session was very informative and educative. Twelve AIRIO members presented their paper on "Emerging Facets of Higher education". Launching of AIRIO Chapter at Thailand was launched in the occasion", shared Dr. Giby Geevarghese.

**DANSPIRATION: A STUDENT INITIATIVE**



DANSPIRATION is an initiative taken by the English Optional students of 2019-21 batch under the guidance of Dr. Laji Varghese. The sole aim of this venture was to create a basic understanding of Dance, particularly Bharatanatyam and thereby to develop new perceptions which help the student teachers to learn and think in new ways.

The program was inaugurated on 9 December 2019 by Shri. Vishnu Ram, former Kalupradhabba of Kerala University. The program was found to be successful in igniting the artistic and aesthetic qualities among the student teachers and it is hoped that they will pass on the love for art to the next generation, said Sreelekshmi student coordinator.

**Congratulations on being awarded with Ph.D. in Education**

**Dr. Deepthi Elizabeth Mathew**  
Assistant Professor in Mathematics



**'THIATTUPOLIPPA YATHIRA-2019:  
ORU MITC APARATHA'**



The third semester graduation students lead by Advaya team began their Annual Tour on the evening of 14<sup>th</sup> October 2019 accompanied by Dr. Giby Geevarghese, Dr. Luji Virghese and Mr. Nadhanine J.P. The 9-day long tour covered Delhi, Agra and Amritsar and all major states in India through the journey. The team reached back to home with fresh feelings and nostalgic memories on 22<sup>nd</sup> October 2019.

<https://www.facebook.com/100009638800644/photos/465327831417256>

<https://www.facebook.com/100009638800644/photos/5049543085127316>

**LITERARY FEST**

The 63<sup>rd</sup> college union conducted the Literary Fest 2019 as "Ezhuthidam" on 9-11<sup>th</sup> October. It includes 14 items for competition includes Essay writing (Malayalam, English, Hindi) Poetry Writing (English, Malayalam, Hindi) Short Story Writing (English, Malayalam, Hindi) Craft Making, Collage, Cartoon Sketch, Pencil Drawing, Painting.



**IMPULSE**

Impulse, a program initiated and coordinated by the Mathematics Association Sigma with an intention to give guidance on preparing the students of the MITC family to solve mathematical questions that arise in PSC, UPSC and other competitive exams through short-cut methods. The class which lasted on December 6, 2019, continued to be handled by the students of Mathematics optional once in every week, said Dr. Deepthi Elizabeth, the Class Mentor.



**OZONE DAY CELEBRATIONS**



As part of Ozone Day Celebrations, the Eco Club of our college along with Prithvi Association organised a procession from Main

gate to College building Picnics on 16<sup>th</sup> September. The rally meant to convey the importance of preserving our ecosystem.

**PSYCHOLOGY CORNER**

The psychology club initiated a theme termed "Psychology Corner" which focussing on main psychological doubts the student teacher holds. In each week, on Thursday a question will be put on the psychology corner. Everyone can answer the question based on their own awareness and put in box given in General class. The best answer will be selected and published in the very next week. The time period to answer the question is the then Friday 3.30 pm.

**NINE DAYS -AROUND OUR INDIA**



As per the suggestion of Ekayana team, we 94 students and 5 teachers embarked on our journey to North India on 2<sup>nd</sup> March. The faculty members accompanied us were Dr. Joju John, Dr. Anny A. S, Dr. Neena Thomas, Mr. Nathanene J.P and Mr. Sabin Lal - boarded the Kerala Express with so much enthusiasm and 'packages of home-made yummy foods. The Forty-eight-hour long journey sitting in a train surely taught us a lot: to share food responsibly, to be a companion to the frightened soul, to be brave, to be selfless and not to touch our face every minute. As we passed across the terrains of different states there were vendors selling different varieties of fruits which we purchased in bulk and munched up together. Whenever we were aware about the wave of corona virus, quickly armed ourselves with masks and sanitizers.

On March 5<sup>th</sup>, we reached Agra Cantonment and checked into the hotel, and then visited Agra Fort and Taj Maha. The two sister monuments were really beyond words. We could see Taj Mahal from Agra Fort. Agra Fort architecture was simply superb and there was a special place worth highlighting a sort of balcony from which the Taj Mahal appeared far away if we went nearer and seemingly comes closer if we move away. We fail to understand what sort of optical illusion that was or whether it belongs to a real magic of architecture. This thought intensified when we reached the Taj Mahal by the cool and pristine banks of the Yamuna river. Taj Mahal's beauty had moved not only many great poets like Rabindranath Tagore, Rudyard Kipling but also each one of us. The next day entered the city of Jaipur - the pink city. Almost all the major buildings were made up of red sandstones for e.g. - Amber Fort which was scattered over the hills. The wall paintings using natural colours, the symmetrical arcs, the natural cooling system, the designs engraved on the floors and walls were outstanding but nothing in front of the Mirror Palace. We then went to the City Palace and then to the historic Jantar Mantar Observatory which showed us many astronomical devices of calculations of the ancient era and also an ancient dial of showing time with the help of shadows. These things added to our amazement and at last we glimpsed how the Jal mahal shone like gold on a watery platform. Then we also took photos in the background of Hawa Mahal. On March 7<sup>th</sup>, we reached the capital city of India and visited tall five storied tower Qutub Minar, the richly ornamented columns on the sides, the iron pillar and ruined arcs, a UNESCO world heritage site and the tallest bulding in the world made of bricks energized us. The closing day was a Sunday and coincidentally our first monument to visit was Gol Dak Khana Church, which is one of the oldest churches. Then we had a glance the Parliament House and Rashtrapati Bhawan. Then visited India Gate with our martyrs' names engraved on it and Nehru museum-Humayun's tomb which was built for Humayun by his wife in the model of Taj Mahal-Indira Gandhi museum and the photos took us through her life. Raj Ghat made us emotional. Red Fort was more or less like a combination of Agra fort and Amber Fort with a mini bazaar inside it. A beautiful evening at the Akshardham: were different types of flowers, diverse forms of Swami Narayan and also stories are carved into the ceilings using Laser Techniques capt of our breath. This journey has taken us not only through places but also through time.

On 3<sup>rd</sup> March morning, we boarded back to home city by the Nizamudin Train. Now we feel it was a really an effective assertion by our principal who had declared that the trip is compulsory for all which scooped away all excuses for any creative excuses by any of us.



Prepared by  
**Anuja Susan and Rhea Joy**

Post Graduate Wing

**NOTABLE ACTIVITIES**

**November 11, 2019**

For the self-development course a workshop on gender issues was organized by M.Ed. department (Batch 2018-20).



Dr. Geetha M.S., Principal, Christ Nagar College, Trivandrum conducted the session for the third semester students. It was a lively and creative session that featured discussion, debate and tableau based role play on gender issues.

**December 20, 2019**

Christmas celebrations in the college brought in a sense of joy with blessings and well wishes from teachers and students. Exchange of Christmas gifts was also an exciting and memorable moment this day.



**January 13, 2020**



A workshop on academic writing skills was conducted by DR. V Reghu, Director, M.Ed. department as part of self-development course in

M.Ed. curriculum. The workshop was meaningful with wisdom shared between students as well as the resource person on various shortcomings based on self-awareness and improvement in writing skills.

**WORKSHOP ON DEVELOPING TOYS FOR SCIENCE TEACHING**



The M.Ed. Department conducted one day workshop on Developing Toys for Science Teaching by Mr. Joseph, St. Joseph HSS, Thiruvananthapuram on 22<sup>nd</sup> October 2019. The Physical Science Students from various departments participated in it and it ended with the Designing of Toy On Magnetic Levitation.

**January 28, 2020**

A prayer session was held at MTTC chapel to bless the M.Ed. students (Batch 2018-20) efforts in their completion of dissertation. Rev. Fr. Joshua Kochuvilayil of Mar Ivanios College honored the event and blessed the students.



Research Centre News

**Weekly Concept Paper Presentation**



The research wing of Mar Theophilus Training College conducts weekly concept paper presentation on Tuesday at 2.30 followed by a brain storming discussion where the participants offer critical comments that would enable the investigator to dwell deep into the conceptual framework of the thesis. All Research Guides and Scholars should be present in the meeting.

**ANNUAL REVIEW MEETING**



On 4<sup>th</sup> & 5<sup>th</sup> of December 2019, the Research wing of Mar Theophilus Training

College, IGNACIA, conducted the Annual Review Meeting of the associated Research Scholars. The programme took off by the introductory address by Dr. K.Y. Benedict, Principal, MTTC followed by the keynote address of Dr. Reghu, Head, M.Ed. Department and former Dean, Rajceev Gandhi Institute of Youth Development, who gave a clarion call for the shift from suggestive research to productive research. Research Guides of the Centre were assembled in the meeting. The Participants were welcomed by Swami Gurnand and thanked by Ms. Reshmi V. S., organised by Soumya S. the Secretary of Research Centre.

**LECTURE SERIES**

On 13<sup>th</sup> February, a team of teachers from Mar Theophilus Training College visited St. Thomas Training College, Makkala as part of the Lecture series on "Higher Education Opportunities and Placement" for IQAC on 13<sup>th</sup> February. On 26<sup>th</sup> February, the team visited H.N.V. College of Education, Thiruvallur as part of the Lecture series.



For More Details: <https://forms.gle/rSSRMmT8R6c2zvNr5>

**PG DISSERTATION OUTPUTS - 2020**

- Rakesh sharma - Correlation of PEN factors in Eysencks Personality Typology to Creativity
- Harsha Mohsin - Development of a module for English language acquisition using Trans Creation Technique for visually challenged secondary school students.
- Mary Shini - Development of a Naturalistic Learning Package for enhancing life science achievement at secondary level.
- Sibi - A Financial Literacy Transaction Enhancement Programme for student teachers at secondary level.

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